

# INTRODUCTORY COURSE

## SUMMARY

- Exploring the roles and functions of the conscious and subconscious.
- Types of hypnotherapy treatments.
- How & why people experience symptoms.
- Encouraging you to look logically at some previously accepted theories
- Total cost: £75

## SET-UP

- Foundation course for those with no previous hypnotherapy training.
- 2-3 months Duration / Distance learning
- 7 modules
- Complete at own pace
- Detailed feedback on each submission from dedicated tutor.

## OUTCOME

- Understanding of how LCH differs from traditional hypnotherapy
- Understanding of the workings of the subconscious mind
- Suitable as a 'stand-alone' course for interest-only
- Successful completion allows progress to Stage 1 training.

## STAGE 1

### Practical & Theoretical Certification

#### SUMMARY

- Witness actual treatment from Consultation to Completion, with genuine Volunteer Patients.
- Average tutor/student ratio of 1:4. Small student-groups to maximise learning potential
- Tuition, explanations, demonstrations &, supervised practice – providing unparalleled learning opportunity.
- Active Learning – question/discuss with tutors, therapists and the patients receiving treatment.
- Total cost: £2050

#### SET-UP

- Open to those who have successfully completed the Introductory Course or have qualified with other recognised training school.
- 5 weekends over 3 month period / experiential learning
- Volunteer patients commence treatment on day one of the course and attend each subsequent course date until completion of treatment.
- Includes additional resources and interaction with past graduates and practitioners.

#### OUTCOME

- Graduates achieve a Certificate in Curative Hypnotherapy which allows for them to commence in practice whilst continuing to study for Stage 2 (an "earn as you learn" approach).
- Successful completion of Stage 1 allows progress to Stage 2 training and eventual diploma accreditation.
- Join professional organisation (GHR, HS and/or HA)
- Eligible - licenced LCH practitioner.
- Have ability to treat full range of symptoms

## STAGE 2

### Advanced Diploma Course

#### SUMMARY

- 1-to-1, individual tuition and feedback, specifically tailored to each therapist's needs.
- Clinical Supervision / Continual Professional Development.
- Provides guidance, support and advice during your first steps in practice.
- No upfront costs; fees paid per module, regardless of number of submissions made or guidance required.
- Cost: £135 per module (9 modules)

#### SET-UP

- Open to graduates of Stage 1.
- 2-3 years Duration
- 9 modules
- Supervision of your practice and treatment application.
- One-to-one mentoring/coaching with specialised supervisor
- Unlimited access to the Online Knowledge Base.

#### OUTCOME

- Diploma in Lesserian Curative Hypnotherapy.
- On-going, free support.
- LCH Trademark during Stage 2 study and beyond.
- Discounted costs for attending any of the optional CPD events.
- Eligible for membership of the CNHC.
- Full/accredited membership of professional organisations.